

# Hump Day Fitness Challenge 3K

August 6, 2014

Rank	Gender	Bib#	First	Last	Pace	
					Min/km	Min/mile
1	Male	1539	Mark	Williams	0:03:37	0:05:49
2	Male	1500	Calvin	Stauffer	0:04:05	0:06:34
3	Male	1502	Brett	Coleman	0:04:17	0:06:54
4	Male	1510	Joe	Boucher	0:04:27	0:07:09
5	Female	1549	Alyson	Laskas	0:04:54	0:07:54
6	Male	1564	Bharani	Puvvula	0:05:07	0:08:14
7	Male	1503	Adam	Fisher	0:05:07	0:08:15
8	Male	1513	Benjamin	Manwaring	0:05:18	0:08:33
9	Female	1579	Samantha	Brailey	0:05:27	0:08:47
10	Male	1557	Nasara	Gargonnu	0:05:30	0:08:52
11	Male	1531	Anthony	Purcell	0:05:33	0:08:56
12	Female	1555	Susanna	Lew	0:05:45	0:09:15
13	Male	1508	Joe	Rainwater	0:05:48	0:09:21
14	Male	1522	James	Blackwood	0:05:50	0:09:23
15	Male	1576	Joe	Carley	0:05:50	0:09:24
16	Female	1537	Rebecca	LeHeup	0:05:54	0:09:30
17	Female	1584	Taylor	Southwick	0:05:59	0:09:37
18	Female	1561	Jalina	Keeling	0:05:59	0:09:38
19	Female	1506	Melanee	Monsen	0:06:07	0:09:51
20	Female	1556	Stacy	Ness	0:06:08	0:09:53
21	Male	1394	Daniel	Tores	0:06:22	0:10:15
22	Female	1583	Grace	Garland	0:06:23	0:10:17
23	Female	1567	Reba	Tuetken	0:06:29	0:10:26
24	Male	1552	Kurt	Didenhover	0:06:34	0:10:35
25	Male	1588	Robby	Parker	0:06:53	0:11:05
26	Female	1356	Margot	Phillips	0:06:54	0:11:07
27	Female	1517	Victoria	Thacher	0:06:55	0:11:08
28	Male	1586	Helmut	Pflueger	0:07:06	0:11:26
29	Female	1321	Mariana	Romero	0:07:10	0:11:32
30	Female	1562	Carol	Dennis	0:07:11	0:11:34
31	Male	1320	Alessandro	Bavaro	0:07:14	0:11:37
32	Male	1371	Charles	Winham	0:07:17	0:11:44
33	Male	1507	Travis	Christiansen	0:07:18	0:11:45
34	Female	1559	Janice	Cardenas	0:07:26	0:11:58
35	Male	1312	William	Stylenzski	0:07:38	0:12:18
36	Female	1337	Julie	Solomon	0:07:41	0:12:22
37	Female	1568	stacey	miles	0:07:43	0:12:26
38	Female	1511	Kathie	Longmore	0:07:46	0:12:30
39	Female	1545	Donna	A	0:07:55	0:12:45
40	Male	1509	Roy	Stevens	0:07:58	0:12:50
41	Male	1374	Mike	Ringland	0:08:00	0:12:53

42	Male	1514 James	Clark	0:08:21	0:13:27
43	Female	1390 Fabiola	Mejia	0:08:21	0:13:27
44	Male	1376 Nobuo	Yamao	0:08:25	0:13:33
45	Female	1332 Natalia	Cervantes	0:08:25	0:13:34
46	Male	1319 Todd	Schlichter	0:08:25	0:13:34
47	Female	1548 Nancy	Stallings	0:08:32	0:13:45
48	Male	1349 Kyle	Shafer	0:08:38	0:13:54
49	Male	1393 Leo	Nemo	0:08:40	0:13:58
50	Female	1580 Jody	Sinwald	0:08:43	0:14:02
51	Male	1385 David	O'Doherty	0:08:47	0:14:09
52	Female	1402 Julia	Doherty	0:08:48	0:14:10
53	Female	1527 Sarah	Guptill	0:08:51	0:14:16
54	Male	1322 Orly	Arcelao	0:08:56	0:14:22
55	Male	1387 Ronaldo	Gasparian	0:09:00	0:14:29
56	Male	1391 Timothy	Morrissey	0:09:08	0:14:42
57	Female	1550 Alisa	Didenhover	0:09:10	0:14:45
58	Male	1307 Don	Doebler	0:09:11	0:14:48
59	Male	1382 Johan	Klingborn	0:09:22	0:15:04
60	Female	1386 Ana	Cristina	0:09:23	0:15:07
61	Female	1530 Leslie	Penka	0:09:29	0:15:16
62	Male	1525 Alexander	Crookshanks	0:09:31	0:15:19
63	Male	1342 Ryan	Gehrke	0:09:31	0:15:19
64	Male	1360 Tyler	Neilson	0:09:34	0:15:24
65	Male	1369 Victor	Guedes	0:09:37	0:15:30
66	Male	1399 Niclas	Bylund	0:09:46	0:15:43
67	Female	1346 Jennifer	Riedel	0:09:47	0:15:46
68	Male	1358 Cartridge	Rotherham	0:09:54	0:15:57
69	Female	1523 Nicole	Burl	0:09:56	0:16:00
70	Female	1333 Heather	Ashcroft	0:09:59	0:16:03
71	Female	1373 Kristian	Gordan	0:09:58	0:16:04
72	Female	1540 erin	dewsnup	0:10:00	0:16:07
73	Male	1395 Jose	Perez	0:10:01	0:16:07
74	Male	1318 Pedro	Duarte	0:10:05	0:16:14
75	Female	1331 Trish	Scates	0:10:07	0:16:18
76	Female	1573 Heather	Clarkson	0:10:08	0:16:20
77	Female	1538 Dawn	Tarrant	0:10:12	0:16:26
78	Male	1303 Matt	Brewer	0:10:14	0:16:28
79	Male	1398 Ridvan	Araman	0:10:14	0:16:28
80	Male	1400 Rhett	Hopkins	0:10:15	0:16:30
81	Female	1310 Lynn	Healey	0:10:15	0:16:31
82	Male	1343 Jose Luis	Cham	0:10:18	0:16:36
83	Female	1305 Shay	McCoy	0:10:19	0:16:37
84	Female	1372 Joanne	Henry	0:10:20	0:16:39
85	Male	1534 Andrew	Eriotes	0:10:21	0:16:39
86	Female	1378 MeLissa	Richman	0:10:30	0:16:55
87	Female	1575 Alyson	Tanaka	0:10:37	0:17:05
88	Female	1505 EVA	BUSTOS	0:10:40	0:17:11

89	Female	1344 Helena	Roth	0:10:41	0:17:11
90	Female	1311 Jan	Holly	0:10:41	0:17:12
91	Female	1324 Tilda	Andreasson	0:10:42	0:17:14
92	Female	1335 Rebecca	Bengtsson	0:10:45	0:17:18
93	Male	1313 Matt	Hall	0:10:46	0:17:20
94	Male	1306 Marcus	Madison	0:10:50	0:17:27
95	Female	1329 Erin	Kulkin	0:10:55	0:17:34
96	Female	1345 Liliana	Aranda	0:11:00	0:17:42
97	Female	1338 Jessica	Dembo	0:11:03	0:17:47
98	Female	1515 Tannya	Stauffer	0:11:03	0:17:48
99	Male	1383 Jos	van Es	0:11:04	0:17:49
100	Female	1361 Sarah	Amis	0:11:06	0:17:53
101	Female	1314 Christina	Bartels	0:11:09	0:17:57
102	Male	1392 Sanyay	Neogi	0:11:14	0:18:05
103	Male	1327 John	Bowman	0:11:16	0:18:09
104	Male	1504 David	Strate	0:11:22	0:18:18
105	Female	1587 Cody	Strate	0:11:22	0:18:18
106	Female	1582 shantel	hansen	0:11:29	0:18:29
107	Female	1302 Josefina	Flinckman	0:11:31	0:18:33
108	Male	1363 John	Ghigliazza	0:11:34	0:18:37
109	Male	1315 Alice	Elizabeth	0:11:36	0:18:41
110	Female	1381 Mariana	Massafera	0:11:38	0:18:45
111	Male	1384 Joel	Garcia JR	0:11:39	0:18:46
112	Male	1560 Megan	Bender	0:11:40	0:18:46
113	Male	1325 Mustafa	Ahmed	0:11:45	0:18:56
114	Female	1403 Fabiana	Chintan	0:11:49	0:19:01
115	Female	1308 Kathy	Ridick	0:11:52	0:19:07
116	Female	1570 Shannon	Ball	0:11:53	0:19:08
117	Male	1347 Edgar	Pinilla	0:11:54	0:19:09
118	Female	1368 Julia	Zhang	0:11:54	0:19:09
119	Male	1389 Stavros	Kouostas	0:11:55	0:19:11
120	Female	1330 Jacqueline	Dirks	0:12:01	0:19:19
121	Female	1350 Sofia	Cartaxo	0:12:01	0:19:20
122	Male	1336 David	Deberry	0:12:03	0:19:25
123	Male	1339 Tawhid	Chowdhury	0:12:06	0:19:28
124	Male	1341 Aaron	De La Cruz	0:12:07	0:19:31
125	Male	1323 JanWillem	Boissevain	0:12:20	0:19:52
126	Male	1359 joão	dias	0:12:23	0:19:57
127	Male	1317 Mario	Contreras	0:12:31	0:20:08
128	Male	1367 Lorincz	Atilla	0:12:39	0:20:23
129	Male	1388 George	Seyssel	0:12:45	0:20:31
130	Female	1512 Stephanie	Thompson	0:12:45	0:20:33
131	Male	1334 Andrew	Cubbon	0:12:48	0:20:36
132	Male	1396 Mark	Attar	0:13:02	0:20:59
133	Male	1370 Kane	Tse	0:13:07	0:21:07
134	Male	1301 Wes	Thorp	0:13:10	0:21:11
135	Male	1501 Brad	Hansen	0:13:11	0:21:13

136	Female	1352 Karen	James	0:13:21	0:21:30
137	Female	1558 Tammy	Stuart	0:13:27	0:21:40
138	Female	1362 Maria Angeles	Medina	0:13:33	0:21:49
139	Male	1366 Frank	Hüsgen	0:13:50	0:22:17
140	Male	1348 Tommy	Gibbs	0:13:56	0:22:26
141	Male	1377 Muneyuki	Ito	0:13:58	0:22:29
142	Male	1380 Erhan	Yasar	0:14:05	0:22:41
143	Female	1401 Sinobo	Watts	0:14:13	0:22:54
144	Male	1375 Omar	Olmedo	0:14:18	0:23:01
145	Female	1516 Jen	Stauffer	0:14:36	0:23:31
146	Male	1357 Michael	Warkentin	0:14:45	0:23:46
147	Male	1326 Cassio	Cavalcante	0:15:22	0:24:44
148	Male	1355 Tim	Oscroft	0:15:36	0:25:08
149	Male	1379 Ged	Young	0:16:08	0:25:58
150	Male	1328 Joseph	Williams	0:16:19	0:26:17
151	Male	1353 Elliott	Lack	0:16:34	0:26:41
152	Male	1304 Charlie	Thomas	0:16:44	0:26:57
153	Male	1397 Richard	Ahrens	0:16:47	0:27:01
154	Male	1340 Didier	Pawlak	0:16:52	0:27:08
155	Female	1351 Eman	Al-Ahaideb	0:17:15	0:27:45
156	Female	1316 Yumiko	Koganezawa	0:17:59	0:28:58
157	Female	1365 Amy	She	0:18:51	0:30:21
158	Male	1354 Yanaki	Yanakiev	0:19:22	0:31:12
159	Male	1309 Sean	Corleone	0:21:02	0:33:53
160	Male	1364 Victor	Bernace	0:29:22	0:47:18